## RIP CURRENT ESCAPE ESCAPE ESCAPE RIP CURRENT RIP CURRENT RIP CURRENT RIP currents of water moving away from shore. They can sweep even the strongest swimmer out to sea.

## IF CAUGHT IN A RIP CURRENT

- Don't fight the current
- ♦ Swim out of the current, then to shore
- ♦ If you can't escape, float or tread water
- ♦ If you need help, call or wave for assistance

## SAFETY

- Know how to swim
- ♦ Never swim alone
- ♦ If in doubt, don't go out

www.ripcurrents.noaa.gov www.usla.org











