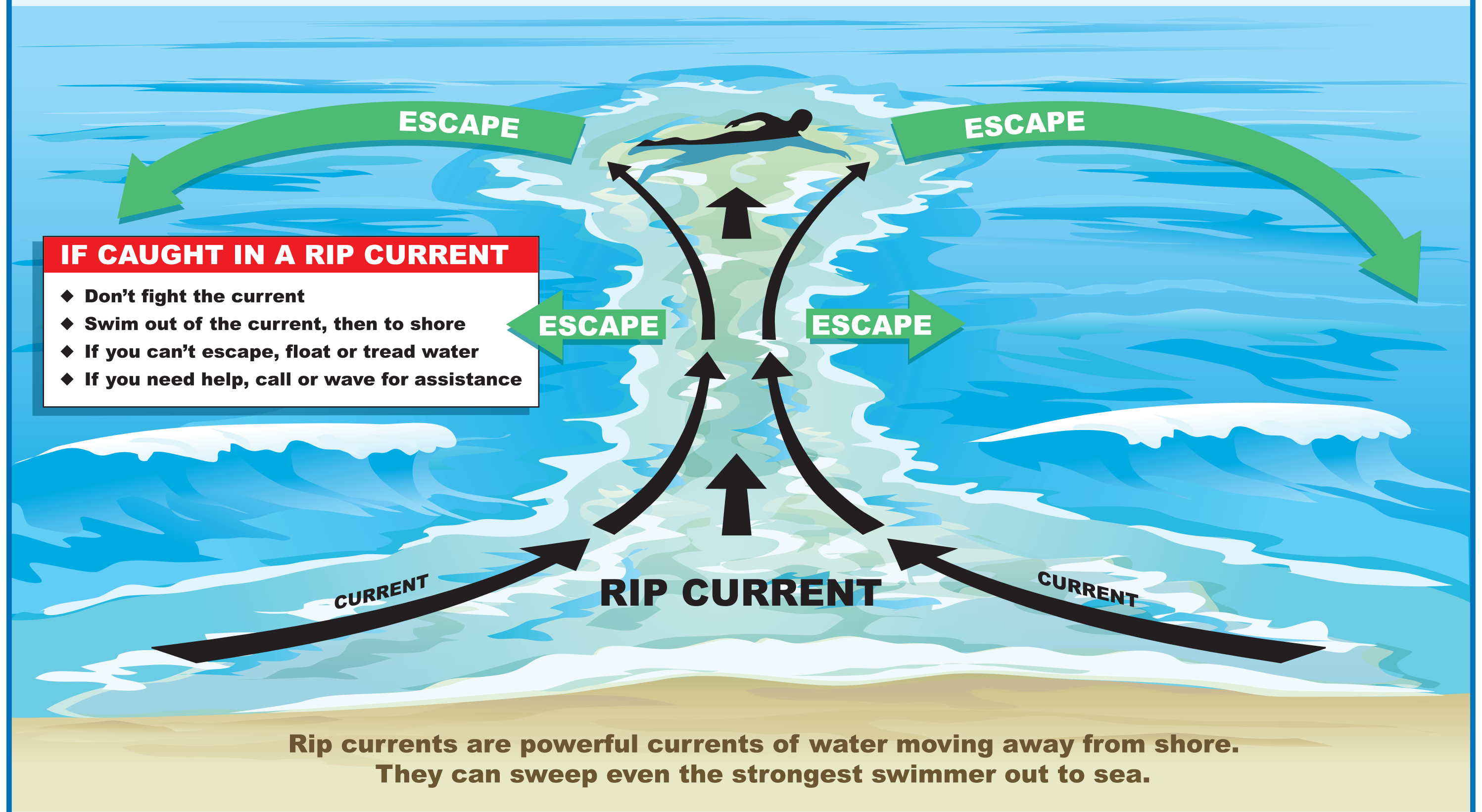


RIP CURRENTS **Break the Grip of the Rip!**



IF CAUGHT IN A RIP CURRENT

- ◆ Don't fight the current
- ◆ Swim out of the current, then to shore
- ◆ If you can't escape, float or tread water
- ◆ If you need help, call or wave for assistance

Rip currents are powerful currents of water moving away from shore. They can sweep even the strongest swimmer out to sea.