

Title. Plastics in estuarine fish and sediments at the mouth of an urban watershed.

Authors.

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Abstract.

The extent to which small plastics and potentially associated compounds are entering coastal foodwebs, especially in estuarine systems, is only beginning to be realized. Using estuarine fish and sediment collected during June 2015 from urbanized Chollas Creek in San Diego, California, we tested the hypotheses that small plastic composition in sediments would be reflected in fish guts (non-selective consumption), and that semi-volatile organic compounds (SVOCs) would be present in all fish. Sediments contained about 10,000 small plastic pieces per m², consisting mostly (90%) of fibers, and hard and soft pieces. Nearly 25% of fish contained small plastics, but prevalence varied with size and between species. Of the 39 types of small plastics found in sediment, fish preferred 10 types (distinct colors and forms). Several SVOCs, both water soluble and sediment-associated compounds, were found in the two species of fish tested. We conclude that a species' natural history may influence contamination levels with consequences, and lessons, for all consumers.

25

26 **Keywords.** Chollas Creek, ichthyofauna, plastics, San Diego Bay, water contamination, wetland
27 fish

28

29 **Introduction.** Microplastics (plastic particles <5mm; Rochman 2018) are pervasive in our
30 ocean and coastal ecosystems (Thompson 2015; Cole et al., 2011). These small plastics enter the
31 environment as either primary microplastics (those manufactured as tiny pieces, such as
32 microbeads) or secondary microplastics (those that form from the breakdown of larger plastic
33 items) (de Sá et al. 2018; Auta et al. 2017). Microplastics are of concern not just because of their
34 ubiquity, but because of the harmful effects they can have on biota. Microplastics can
35 accumulate in the gut or gills of organisms, interfering with important life history processes such
36 as feeding, growth, and reproduction (Chae and An 2017; Cole et al. 2015; Watts et al. 2014;
37 Watts et al. 2015; Sussarellu et al. 2016). The monomers and additives that compose
38 microplastics can be toxic to biota if they leach from their parent plastics into the environment
39 (Smith et al. 2018; Thaysen et al. 2018; Teuten, et al. 2009). Furthermore, microplastics can sorb
40 toxins such as metals, PCBs, PAHs, and DDT from the aquatic environment, and transmit these
41 toxins to organisms, causing stress to internal organs, disruptions in normal bodily functions
42 (e.g., enzyme inhibition, endocrine disruption), and reductions in organisms' abilities to defend
43 themselves against predators and other threats (Chae and An 2017; Smith et al. 2018; Rochman
44 et al. 2013a,b; Browne et al. 2013; Barboza et al. 2018b; Rochman et al. 2014). Microplastics
45 have been found to transfer between trophic levels (Welden et al. 2018; Farrell and Nelson 2013;
46 Setälä et al. 2014), and thus may pose health risks to humans via consumption of contaminated
47 seafood (e.g., Van Cauwenberghe and Janssen 2014; Rochman et al. 2015a; Barboza et al.

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48 2018a), though the impacts of microplastics on human health remain largely unknown (Wright
49 and Kelly 2017; Smith et al. 2018).

50

51 One suite of contaminants of concern are semi-volatile organic compounds (SVOCs), which
52 include additives commonly used in plastics manufacturing, such as phthalates, bisphenol A, and
53 PBDEs, as well as PCBs, PAHs, and DDT (Lucattini et al. 2018; Weschler and Nazaroff 2008;
54 Lusher et al. 2017b). SVOCs are susceptible not only to leaching out of plastics into the
55 environment, but to resorbing to microplastics once present in the environment, due to their
56 hydrophobic properties (Lusher et al. 2017b; Teuten et al. 2009; Cheng et al. 2013; Rochman et
57 al. 2013a). SVOCs are a health concern for humans and wildlife because they are endocrine
58 disrupting chemicals (EDCs) that have been linked with neurological, reproductive, metabolic,
59 and behavioral abnormalities, as well as increased incidences of some forms of cancer (Koch and
60 Calafat 2009; Xu and Zhang 2011; Gore et al. 2015). Microplastics facilitate the accumulation of
61 SVOCs in organismal tissues (Rochman et al. 2013b; Besseling et al. 2013), however it is
62 important to note that microplastics' role as a conduit for SVOCs into coastal foodwebs may be
63 relatively unimportant when compared with other vectors, such as contaminated water, prey, or
64 sediments (Lusher et al. 2017b; Koelmans et al. 2016). It is also important to note that, while
65 often associated with plastics, SVOCs found in the environment may stem from a number of
66 different sources, including household cleaning products, cosmetics, and pesticides (Luccattini et
67 al. 2018; Weschler and Nazaroff 2008).

68

69 Much of the research conducted on the ecological impacts of microplastics over the last two
70 decades has focused on marine systems, only recently shifting to include terrestrial and

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71 freshwater systems (Rochman 2018; Chae and An 2017). This shift in focus upstream is an
72 important one, given the fact that significant portions of marine plastic pollution come from
73 land-based sources, and rivers are major conduits of debris from land to sea (Rochman 2018;
74 Jambeck et al. 2015; Lebreton et al. 2017). The effects of microplastics in urbanized riverine
75 ecosystems may be particularly acute (e.g., Peters and Bratton 2016), as rivers that flow through
76 densely populated, urban areas have been shown to carry higher loads of debris (Lebreton et al.
77 2017; SCCWRP 2016; Yonkos et al. 2014). This study contributes to the growing body of
78 research on microplastics upstream from marine ecosystems by investigating the presence of
79 microplastics and associated contaminants in estuarine sediments and fish in a brackish stretch of
80 urbanized Chollas Creek, which empties into San Diego Bay. Understanding the types, fates, and
81 effects of small plastics in coastal watersheds is necessary to develop natural and social science-
82 based solutions to marine debris and declining watershed health (Rochman 2018).

83

84 Knowledge of seasonal precipitation patterns in Mediterranean climates, such as that found in
85 Southern California, result in accumulation and breakdown of photodegradable plastics during
86 the sunny, dry season, followed by wet season pulses of debris inputs and transport through
87 coastal watersheds (Anderson et al., 2012; Lee, 2011; Chandler, 2012; Moore et al., 2011). A
88 recent regional survey of the Southern California Bight, to which this study contributed, revealed
89 that 92% of the total stream length of urban watersheds in the Southern California Bight
90 contained debris, while 48% of undeveloped watersheds did (SCCWRP, 2016). More than 60%
91 of the debris found was plastic (SCCWRP, 2016). Many coastal wetland fishes, such as killifish,
92 intensively forage on the substratum (West and Zedler, 2000) where small plastics and
93 contaminants accumulate, putting them at particularly high risk of contamination. These fish may

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94 in turn be important vectors in transferring small plastics and contaminants to the broader coastal
95 food web given their abundance, their roles in connecting intertidal with both subtidal and
96 terrestrial ecosystems, and their roles as forage fish for many species (Trexler et al., 1994; West
97 et al., 2003; Able et al., 2012; Kang et al., 2015).

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98
99 **Project goals.** The goals of this study were to: a) determine the extent and magnitude of
100 microplastics pollution in estuarine sediments and fish, and of SVOC contamination in estuarine
101 fish, at the mouth of an urban coastal watershed, and b) determine whether sampled fish
102 preferentially ingested certain types of microplastics, when compared with types and abundances
103 of microplastics in sampled sediments.

104 **Materials and Methods.**

105 **Study location.** The Chollas Creek subwatershed (Fig. 1), considered one of the most
106 impaired waterbodies in San Diego County, in part due to the large amounts of trash present in
107 the creek (Anderson et al. 2012; State Water Board 2015), runs through a densely populated,
108 urban section of the County and empties into San Diego Bay at one of the worst urban runoff
109 sites of coastal San Diego (Pritchard 2014). In June 2015, we sampled sediments and fish along a
110 250-m long reach of intertidal Chollas Creek, located about 1 km upstream of the mouth (Fig. 1).

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111 **Sample collection and processing.** Microplastics in sediment were sampled at low tide
112 by collecting nine 10-cm diameter x 5-cm depth cores (393 cu cm) throughout the reach, placing
113 cores in clean, airtight bags, and freezing cores until analysis in the lab. Plastics were sorted from
114 sediments by placing a single layer of sediment at a time into a Petri dish (about 1 tablespoon or
115 15 cu cm) along with a squeeze of milliQ water to slightly liquefy the moist sediment. The dish
116

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117 with mud was systematically examined at 25–45x power using a dissecting microscope; sorting
118 of each dish took no more than 15 minutes. Particles that were clearly of anthropogenic origin, as
119 determined by the shape and/or color of each particle (e.g., spherical microbeads, fibers with
120 smooth surfaces and homogeneous thicknesses; often bright colors that stood out from the rest of
121 the sample) were sorted out of the sample, classified according to the item from which they
122 originated, when distinguishable (e.g., pieces of grocery bag, wrappers), or by hardness, shape
123 and color (e.g., film, hard or soft pieces, fiber), and then counted and measured for maximum
124 length. Particles that were not clearly of anthropogenic origin were examined using a compound
125 microscope to check for lack of cell structure. Any particles that remained of uncertain origin
126 were excluded from the analysis. It is important to note that because samples were only
127 examined using microscopy (and not run through a spectroscope to chemically verify polymer
128 types and particle counts), it is possible that the abundances of microplastics reported herein are
129 either over- or underestimates of actual numbers, as both false positives and failures to identify
130 very small plastic particles are relatively common when relying on microscopy to identify
131 microplastics (Song et al. 2015; Lenz et al. 2015; Lusher et al. 2017a).

132

133 At the time this study was conducted, the risk of sample contamination from airborne
134 plastics was just beginning to be realized, and protocols to control for such contamination
135 followed soon after although such QA/QC protocols have not yet been standardized and debate
136 remains about how best to control and account for contamination of samples (NOAA, 2015;
137 REF?; but see Hidalgo-Ruz et al., 2012). We therefore attempted a post-hoc control of
138 environmental plastics contamination by conducting three trials separated in time on 20 June, 20
139 July and 19 August 2016 to determine average levels of contamination in the lab used during the

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140 study. During each trial, six clean Petri dishes were set out for 15 minutes on the lab countertops.
141 Three or four people were present in the lab each time (during sample sorting in 2015, two or
142 three people were present at any one time). At 15 minutes, dishes were covered with clean, clear
143 lids and examined for particle settlement using a dissecting microscope. Only fibers were found
144 at an average of 0.5 ± 0.3 , 0.5 ± 0.2 and 0.5 ± 0.3 fibers per dish for the June, July and August trials,
145 respectively (grand average = 0.5 ± 0.0 fibers per dish per 15 minute time period). Fiber
146 contamination for each fiber color (type) was then calculated using the following steps: The
147 average number of fibers per dish (0.5) was multiplied by the number of dishes likely sorted for
148 each sample core (393 cu cm core / 15 cu cm spoonful per dish = ~26 dishes per core) for an
149 estimated total of 13.1 fibers contaminating each sample core. Since the color of fibers causing
150 contamination in 2015 could not be determined after the fact, the estimate of 13.1 fibers per core
151 was divided by the seven fiber color categories for an estimate of 1.87 fibers contaminating each
152 fiber color category. This value (1.87 fibers) was then subtracted from each fiber color category
153 of each core before analyses and summary statistics were calculated. If the result of the
154 subtraction was a negative number, the value was assigned a 0.

155 Common wetland fish (Boerger, et al. 2010; Rochman et al., 2013b) were trapped using
156 metal minnow traps baited with cat food placed in nylon sleeves (to prevent fish from consuming
157 it), and set throughout the reach. Three species were captured: the native marsh residents
158 California killifish (*Fundulus parvipinnis*; n = 68) and longjaw mudsucker (*Gillichthys mirabilis*;
159 n = 4), and the introduced sailfin molly (*Poecilia latipinna*; n = 82). In the field, all fish collected
160 for gut analysis were placed in ziplock bags (one bag per trap). Additionally, two composite
161 samples (7 California killifish and 8 sailfin molly) were collected and immediately placed into
162 clean glass jars for analysis of SVOCs. Only four longjaw mudsucker individuals were captured,

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so all were used for gut analysis. The protocol of the AVMA Panel on Euthanasia (American Veterinary Medical Association, 2013) was followed, which recommends rapid chilling to euthanize warm-water fish. All fish remained frozen until analysis. Composite samples for SVOC analysis were analyzed for 67 SVOCs by a local analytical facility (Enviromatrix Analytical, Inc.) using EPA Method 8270C (EPA, 1996). Fish used for gut analysis were thawed, measured, weighed, and sexed in the lab. A ventral, longitudinal incision and two perpendicular ventral incisions (anterior and posterior) were made in each fish to expose the intact guts, and then the fish was placed in a clean glass dish under a dissecting microscope to complete the dissection and removal of gut contents. All contents were removed from inside the fish gut systematically as the gut was opened and analyzed a small section at a time for a total of ~15 min of exposure time (i.e., low risk of contamination). Since the post-hoc estimated contamination rates were ≤ 0.5 fibers per sample (0.5 fibers per dish divided by the one to four fiber color categories found in the fish samples equals 0.125-0.5 fibers contaminating each fiber color category) we did not use a correction but acknowledge that our fiber counts may be slight overestimates. Only materials drawn out of the gut were identified (or described) and counted. For items not feasibly counted (e.g., sand grains, organic debris, filamentous algae), presence in the gut was noted. Ten out of the 149 fish sampled had empty guts and were therefore excluded from further analyses. As with sediment samples, plastics were categorized by color and type (e.g., hard or soft pieces, fiber), then counted and measured for maximum length.

Data analyses. Descriptive statistics of sediment small plastics (average of all cores) and fish gut contents (average of small plastics and prey items for each species) were calculated to summarize findings. The concentrations of SVOCs, if present in at least one sample (at least one of the species), are reported. Fish diet preference was explored using Manly's alpha (Chipps and

186 Garvey, 2007), which compares the abundances of the types of plastic found in the environment
187 and consumed by the fish. Differences in size and sex ratios of all fish sampled to those that had
188 consumed plastics were tested using t-tests (size variables) and Chi Square (sex ratios) in JMP
189 12.

191 Results

192 **Small plastics in sediment.** All sediment cores collected contained small plastics; the
193 average abundance (± 1 SE) was $9,638 \pm 1,636$ pieces m^2 and average lengths (± 1 SE) of small
194 plastics ranged from 1.8 ± 0.3 to 4.6 ± 1.1 mm. Common categories of plastics were plastic film
195 pieces, such as film from bags and wrappers, polystyrene pieces, soft pieces, hard pieces,
196 synthetic fibers, and a few miscellaneous items, such as strands of carpeting and synthetic turf
197 (Fig. 2, Table 1). Synthetic fibers, hard pieces, and soft pieces were the most common types of
198 plastics found across all sediment cores, together making up 90% of the fragments found (Fig.
199 2).

201 Fish gut contents.

202 **Fish species present.** Add short paragraph about ranges, and natural history characteristics of
203 fundulus, sailfin molly, and mudsucker. Mention species captured here, put natural history in
204 discussion.

206 **Prey and non-plastics in guts.** Half or more of these bottom feeding fish species had fed on sand
207 or silt particles, and filamentous green algae (Table 2). Roughly 10% of both California killifish
208 and sailfin molly also contained red algal filaments (Table 2). California killifish, primarily an

209 invertebrate predator, contained remnants of small crustaceans (e.g., exoskeleton pieces,
210 amphipod appendages), scales, unidentifiable fishes and insects, snails, tubificid oligochaetes,
211 nematodes, and a sea cucumber (Table 2). The sailfin molly, although predominantly an
212 herbivore, also commonly ingested tubificid oligochaetes and nematodes, and to a lesser extent,
213 crustaceans and snails (Table 2). The predatory longjaw mudsucker contained scales, a digested
214 fish, and nematodes (Table 2).

215
216 *Characteristics of plastic eating fish.* None of the longjaw mudsucker guts contained plastics,
217 which may have been due to the small sample size of only four individuals. California killifish
218 individuals that had plastics in their guts were, on average, 25% longer and 79% heavier than
219 those free of plastics ($p \leq 0.03$, Table 3). The ratio of males to females (to unknown sex) was
220 similar between fish with and without gut plastics (Table 3). Neither size nor sex of sailfin molly
221 individuals differed between those that contained plastics and those that did not (Table 3).

222
223 *Small plastics in guts.* Almost one quarter of fish examined contained small plastics, with 12% of
224 California killifish (7 of 61) and 32% of sailfin molly (24 of 75) having consumed plastic (Table
225 3). Of the 39 types of plastic available in the environment, the California killifish and sailfin
226 molly each consumed 10-11 different types of plastic items, mostly consisting of fibers and hard
227 pieces (Fig. 2, Table 1). California killifish also ingested clear microbeads. The consumed items
228 ranged in average length from 0.05 ± 0.0 to 3.25 ± 2.75 mm for California killifish and from
229 0.10 ± 0.01 to 2.58 ± 1.10 mm for sailfin molly.

230

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231 Of the 10-11 types of small plastics that were consumed by the fishes, 7-8 types were selectively
232 eaten (Manly's $\alpha \geq 0.025$; Table 1), meaning the fishes' guts contained higher proportions of
233 these items than were found in the environment (Fig. 2). The items the fishes selected included
234 blue, yellow, orange and/or red hard plastic pieces, and all colors of synthetic fibers (Table 1).

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236 **SVOCs in fish.**

237 Three SVOCs of 67 tested were found in the tissues of these species. Both the California killifish
238 and sailfin molly contained diethyl phthalate and benzyl alcohol, and the sailfin molly
239 additionally contained 4-(3-) methylphenol (Fig. 3). The sources of these compounds in this
240 creek are uncertain. The phthalate is a synthetic compound, while benzyl alcohol and 4-(3-)
241 methylphenol have natural, albeit small, localized sources (PubChem, 2019 a,b,c). All three have
242 common industrial applications, including additives in plastics, solvents, antiseptics,
243 preservatives, pesticides, and/or additives in cosmetics and perfumes (WHO, 2003; Wade, 2019;
244 Wiki, 2019; PubChem, 2019a,b,c).

246 **Discussion.**

247 **Small debris in sediment and fish.** This study, along with other recent studies (Moore et al.,
248 2011; Rochman et al., 2015a; Rochman et al., 2016), illustrate the risk of plastic and plasticizer
249 (SVOC) pollution to coastal food webs. A concurrent regional study of debris in the Southern
250 California Bight found that sediments in embayments exhibited the highest abundance of small
251 plastics, while continental shelf sediments exhibited the lowest abundance of small plastics
252 (SCCWRP, 2016). Bay sediments, for example, were found to have a mean of 140 pieces/m²,
253 and continental shelf sediments were found to have ≤ 20 pieces/m² (SCCWRP, 2016). By

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While there is much knowledge about the presence of small plastics in coastal ecosystems, the extent to which/pathways through which small plastics and potentially associated compounds are being integrated into coastal foodwebs remains an emerging area of research.

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contrast, our study of the debris at the mouth of an urban stream emptying into San Diego Bay revealed a much denser concentration of small plastics, with almost 10,000 pieces/m². This may be because the mouth of Chollas Creek is in a highly urbanized area, in close proximity to roads, which are responsible for large inputs of debris (SCCWRP, 2016). Streams like Chollas Creek are conduits for plastics, carrying them into embayments and eventually to the ocean, where they accumulate at high densities in marine sediment (SCCWRP, 2016).

While we found a greater variety of small plastics in wetland fish than were observed in select species of pelagic and demersal fish sold in California for human consumption (Rochman et al., 2015a), both sets of fish predominantly ingested fibers (~60% of the plastics ingested by wetland fish, ~80% of market fish). Further, all of the small debris found in California-grown Pacific oysters were fibers (Rochman et al., 2015a). It is important to note that the fibers found within aquatic organisms, while undoubtedly anthropogenic, could be either synthetic or organic. We were unable to perform spectroscopic analysis to identify their composition.

Natural history and contamination risk. The extent that contaminants impact food webs depends upon the types of plastics and contaminants present, the environment (Renick et al. 2015), and the natural history of the organisms present (e.g., Renick et al. 2016), including feeding behavior, and changes associated with ontogeny and sex (Temming and Hammer, 1994; Smith et al., 2000; Talley, 2000; Borg et al., 2014).

The marsh fish in this area selectively fed on most of the small plastics found in their guts including all colors of fibers, blue and warm colors of hard pieces, and, in the case of California

277 killifish, microbeads. Anecdotally, these items often resembled prey, especially a similar
278 morphology between fish eggs and microbeads, and between synthetic fibers and filamentous
279 algae, oligochaetes and nematodes (e.g., Fig. 4), further raising the concern that fish may mistake
280 small plastics as food (Corley, 2014). The likelihood of plastics ingestion or the ability to pass
281 plastics may change throughout the life of an organism, as revealed by the higher incidence of
282 plastics ingestion in larger (older) California killifish individuals during this study. This is
283 consistent with other ontogenetic dietary shifts observed in California killifish, including changes
284 in prey type, prey size and different microhabitat use with time (Smith et al., 2000; Talley,
285 2000).

286

287 As with the patterns of plastics ingestion, contamination by SVOCs varied with fish species.
288 Diethyl phthalate, a water-insoluble, sediment-penetrating compound (PubChem 2019a), was
289 found in both species but was almost three times higher in the California killifish. Both species
290 ingest sediment while feeding (e.g., Table 3), so an explanation for the higher phthalate
291 concentration in California killifish is uncertain but may be linked to diet, with higher
292 abundances of benthic deposit feeders observed in the guts of killifish in this study (i.e.,
293 potentially more diethyl phthalate-laden sediment), or an artifact of small sample size (n=1). The
294 reasons underlying the presence of 4-(3-) methylphenol and the 3.5 fold greater benzyl alcohol
295 concentration in the sailfin molly compared with the California killifish are also uncertain. These
296 compounds, which are used as solvents, pesticides, antiseptics, anesthetics, and additives in
297 cosmetics and fragrances, are water soluble, have fairly rapid degradation rates in water, and do
298 not tend to accumulate in tissues (PubChem 2019b,c). Again, stomach contents (i.e., water
299 content) or small sample size could explain this observed difference. Although the sources and

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300 pathways of exposure are uncertain (Weschler and Nazaroff, 2008), the presence of these
301 compounds in our two samples reveals that transfer of contaminants, even those that are
302 relatively transient, from the environment to food webs is a real risk. Further study is needed to
303 understand the interactions among these contaminants, the species' natural history, and other
304 environmental stresses (e.g., predation, parasitism; Renick, et al., 2015; Renick et al. 2016).

305
306 **Health effects of small plastics and SVOCs.** The effects of small plastics and SVOC
307 contamination on organisms may be complex (e.g., Renick et al., 2015) and remain largely
308 uncertain, but knowledge of these effects is needed to understand the consequences of exposure
309 to the organisms themselves and those that eat them. The acute and chronic effects of the three
310 SVOCs found in this study have been observed on the growth, reproduction, enzyme activity,
311 metabolic activity, respiration, kidney function and/or liver function in animals, while the effects
312 on humans are less well known and are of concern (NIOSH, 1997; Lithner et al., 2011; Groshart
313 and Okkerman, 2000; Ghorpade et al., 2002; Okkerman and van der Putte, 2002; Gore et al.,
314 2015; NIH, 2018; PubChem 2019a,b,c). Dietary guidelines and warnings about the risks of
315 contamination in higher trophic level and longer-lived seafood species due to bioaccumulation
316 are common, but studies like this illustrate that smaller and/or lower trophic level fish may have
317 hazards of their own. There is increasing realization that plastics (Murray and Cowie, 2011; Van
318 Cauwenberghe and Janssen, 2014; Rochman et al., 2015a; Sussarellu et al., 2016) and SVOCs
319 (Windward Environmental, 2010) occur in species consumed by humans. Improved knowledge
320 of the types and distributions of contaminants in an area, as well as of the biology and natural
321 history of organisms, are needed to improve predictions of contamination risks of fish, shellfish
322 and dependent higher trophic levels, including humans.

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325 **Acknowledgements**

326 We graciously thank Allison Malunes of Mater Dei Catholic High School for her upbeat and
327 dedicated help during the field and lab portions of this project. Fish gut analysis training was
328 generously provided by C. Boerger, M. Bowman, T. VonBitner, and T. Miller-Cassman of the
329 San Diego Bay Debris Working Group, a special study group of the Southern California Coastal
330 Water Research Project's Bight '13 effort. This project was supported by the California Sea
331 Grant Extension Program (TST, NV), National Science Foundation's Advancing Informal
332 Science Learning Program, Award 1324962 (TST), University of San Diego Summer
333 Undergraduate Research Experience Program (RW), and the University of San Diego-Mater Dei
334 Science Partnership Program (awarded to A. Malunes for work with TST). Thanks to E. Cathcart
335 and Enviromatrix Analytical, Inc. for help with SVOC analyses; D. Talley for use of lab space
336 and resources; and L. Goodwin and R. Mothokakobo of Ocean Discovery Institute for
337 information from a complimentary macroplastics study.

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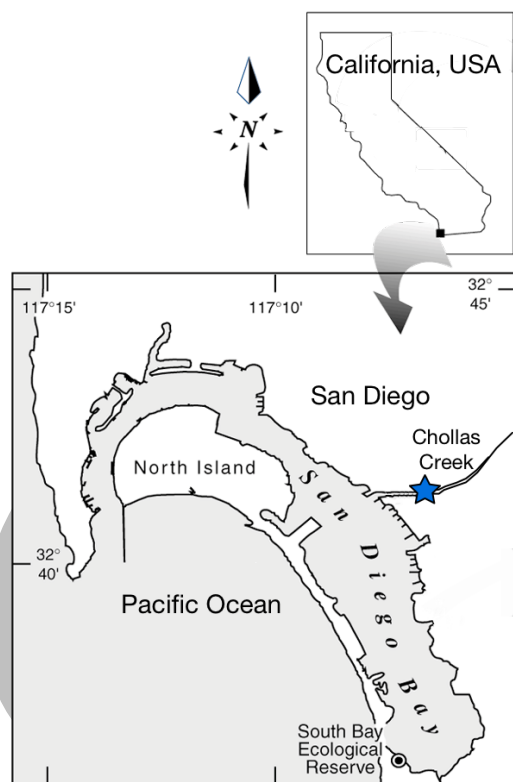
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667
 668 Fig. 1. Study site located in lower Chollas Creek near the mouth with San Diego Bay, California,
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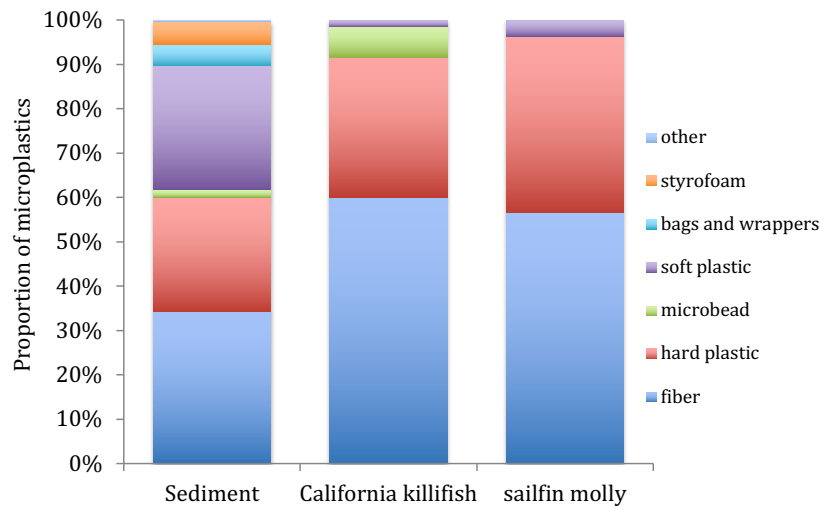


Fig. 2. Relative abundance and composition of microplastics found in sediments (0-5 cm depth) and the guts of two common wetland resident fish in lower Chollas Creek. N= 9 soils, 7 California killifish, 23 sailfin molly. Data are from June 2015.

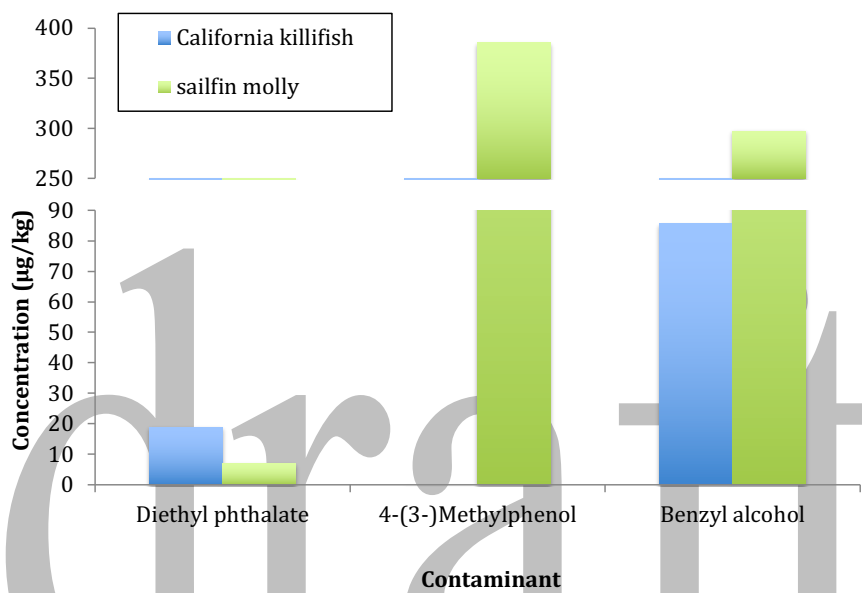
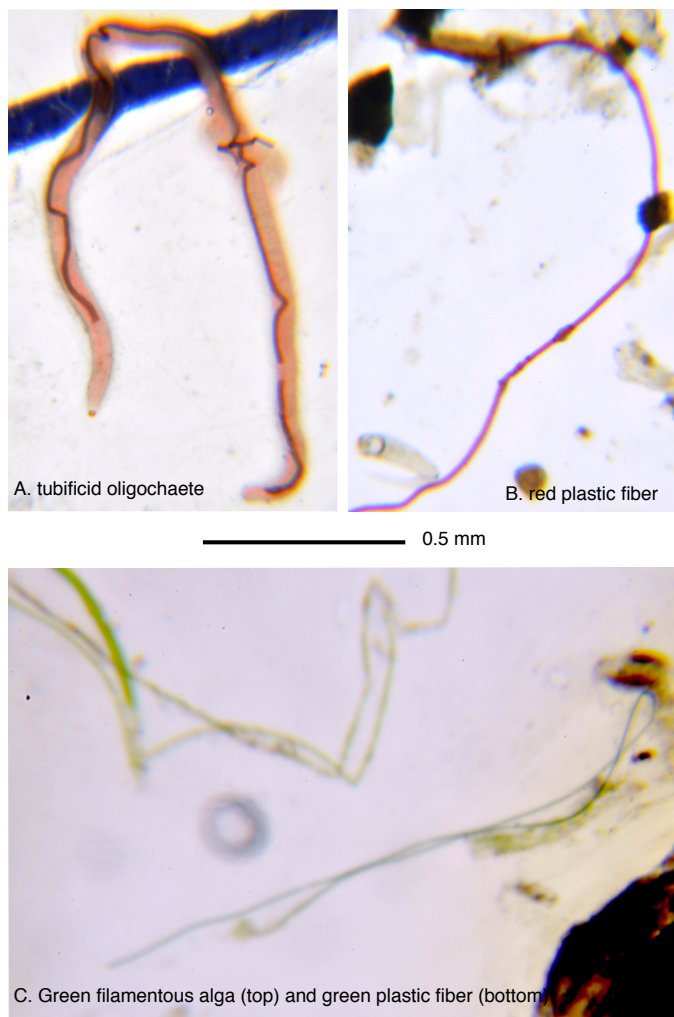


Fig. 3. Semi-volatile organic compounds found in wetland resident fish in lower Chollas Creek, San Diego, California, USA. N=1 composite sample consisting of 3 California killifish and 2 sailfin molly individuals. Data are from June 2015.



684

685 Fig. 4. Similar looking microplastic fibers and prey items in guts of wetland resident fish.

686 Contents of California killifish guts included (A) a tubificid oligochaete and (B) a red plastic

687 fiber. Contents of a sailfin molly guts included (C) a filament of green algae (top) and a green

688 plastic fiber (bottom). Scale shown applies to all photos.

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Table 1. Abundance of microplastics in surface sediments and the guts of common marsh resident fish, and Manly's alpha where $\alpha \geq 0.025$ (in bold) indicates a dietary selective preference for microplastics compared to what were available in the environment. Only individuals with microplastics present in the gut were included in this summary. Samples were collected from lower Chollas Creek, San Diego, California, USA during June 2015.

Type of microplastic	Sediment	California killifish	sailfin molly	California killifish	sailfin molly
n=	9 cores	7 individuals	23 individuals	7 individuals	23 individuals
Abundance (no. m ⁻²)	Abundance (no. gut ⁻¹)	Manly's alpha ($\alpha \geq 0.026$)			
Avg \pm 1 SE	Avg \pm 1 SE	Avg \pm 1 SE	Avg \pm 1 SE	Avg \pm 1 SE	Avg \pm 1 SE
Bag and packaging pieces					
mylar wrapper	28 \pm 19	0	0	0	0
clear or opaque wrapper	127 \pm 60	0	0	0	0
grocery bag	85 \pm 37	0	0	0	0
thick, opaque (retail bag)	14 \pm 14	0	0	0	0
thin translucent (produce bag)	14 \pm 14	0	0	0	0
thick, clear, soft (bread or zip bag)	28 \pm 28	0	0	0	0
clear, thin crinkly wrapper	42 \pm 30	0	0	0	0
thick, clear, crinkly (nut, pasta bag)	14 \pm 14	0	0	0	0
strapping or packaging tape	42 \pm 30	0	0	0	0
clear hard plastic shell packaging	14 \pm 14	0	0	0	0
styrofoam piece	467 \pm 116	0	0	0	0
jar or bottle label	28 \pm 28	0	0	0	0
rubber or foam piece	14 \pm 14	0	0	0	0
Soft plastic pieces					
clear or white	467 \pm 108	0	0	0	0
green	241 \pm 109	0	0	0	0
blue	467 \pm 192	0.14 \pm 0.14	0.13 \pm 0.13	0.004 \pm 0.004	0.012 \pm 0.009
red	1089 \pm 399	0	0	0	0
yellow	410 \pm 137	0	0	0	0
orange	99 \pm 59	0	0	0	0
Hard plastic pieces					
clear or white	552 \pm 209	0	0.04 \pm 0.08	0	0.005 \pm 0.005
green	368 \pm 157	0.14 \pm 0.14	0.04 \pm 0.08	0.005 \pm 0.005	0.020 \pm 0.020
pink	28 \pm 28	0	0	0	0
blue	311 \pm 150	0.29 \pm 0.18	0.65 \pm 0.52	0.027 \pm 0.021	0.220 \pm 0.080
red	424 \pm 133	0.14 \pm 0.14	0.17 \pm 0.19	0.005 \pm 0.005	0.057 \pm 0.044
yellow	1019 \pm 376	0.14 \pm 0.14	0.13 \pm 0.13	0.143 \pm 0.143	0.046 \pm 0.043
black	14 \pm 14	0	0	0	0
silver	14 \pm 14	0	0	0	0
orange	14 \pm 14	0	0.04 \pm 0.08	0	0.042 \pm 0.042
microbead	212 \pm 124	0.29 \pm 0.18	0	0.066 \pm 0.043	0
Fibers					
clear or white	2716 \pm 1008	0.57 \pm 0.43	0	0.145 \pm 0.145	0
black	85 \pm 56	0	0.39 \pm 0.36	0	0.108 \pm 0.054
blue	57 \pm 43	0.43 \pm 0.30	0.43 \pm 0.25	0.213 \pm 0.148	0.239 \pm 0.079
green	14 \pm 14	0.14 \pm 0.14	0.13 \pm 0.13	0.138 \pm 0.138	0.130 \pm 0.072
red	71 \pm 37	0.57 \pm 0.30	0.22 \pm 0.20	0.254 \pm 0.127	0.121 \pm 0.061
net or thick line	396 \pm 312	0	0	0	0
Pieces of other items					
sponge	14 \pm 14	0	0	0	0
toys: Lego, beads	28 \pm 28	0	0	0	0
artificial grass, astro turf	28 \pm 28	0	0	0	0
synthetic carpet	42 \pm 30	0	0	0	0
Total per core or gut:	9638 \pm 1638	2.86 \pm 1.22	2.43 \pm 0.68		

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Table 2. Abundance of prey and other non-plastics found in the guts of common marsh resident fish from lower Chollas Creek, San Diego, California, USA. Data are from June 2015.

Gut content items	California killifish	sailfin molly	longjawed mudsucker
n (number of individuals)=	61	74	4
Items that could not be counted	Avg ± 1 SE	Avg ± 1 SE	Avg ± 1 SE
% of fish with items present			
sand or silt	48%	99%	50%
scales	5%	0%	25%
unknown exoskeleton pieces	53%	1%	0%
unknown amphipod or shrimp pieces	2%	0%	0%
unknown decapod pieces	0%	1%	0%
unknown organics or digested pieces	18%	0%	0%
green filamentous algae	75%	85%	50%
red filamentous algae	10%	11%	0%
Enumerated items	Avg ± 1 SE (no. gut-1)	Avg ± 1 SE (no. gut-1)	Avg ± 1 SE (no. gut-1)
snails (<i>Barleeia californica</i> , <i>Assiminea californica</i>)	0.49 ± 0.40	0.04 ± 0.03	0
tubificid oligochaetes, nematodes	1.66 ± 0.28	0.12 ± 0.05	1.75 ± 0.75
unknown whole digested-fish	0.02 ± 0.02	0.01 ± 0.01	0.25 ± 0.25
unknown fish eggs or larvae	0.05 ± 0.05	0	0
unknown insect larvae or adult parts	0.05 ± 0.03	0	0
sea cucumber (<i>Leptosynapta</i> sp.)	0.05 ± 0.03	0	0

Table 3. Comparison of fish that had and did not have small plastics in their guts with all fish analyzed in this study. Results of t-tests (fish morphological variables) and Chi square (sex ratios) are shown.

	California killifish							sailfin molly						
	Fish without plastics		Fish with plastics		t-test/Chi square results			Fish without plastics		Fish with plastics		t-test/Chi square results		
n=	61		7					74		23				
Variable	Avg	± 1 SE	Avg	± 1 SE	P	t/ Chi sq	df	Avg	± 1 SE	Avg	± 1 SE	P	t/ Chi sq	df
standard length (cm)	4.34	± 0.16	5.50	± 0.32	0.003	2.52	59	4.05	± 0.12	4.15	± 0.29	0.655	0.55	72
total length (cm)	5.12	± 0.18	6.40	± 0.40	0.005	2.41	59	4.96	± 0.14	5.08	± 0.34	0.624	0.58	72
weight (g)	2.35	± 0.27	4.20	± 0.32	0.005	2.25	59	2.05	± 0.19	2.39	± 0.38	0.466	1.04	72
sex: female / male / unknown	24/23/6		3/3/1		0.571	1.13	2	28/21/2		15/7/1		0.677	0.78	2